

Medway Velo Club – Open 10 Mile Time Trial – Saturday 20th May 2017



Founded 1968

Medway Velo Cycling Club

Presents

Open 10 Mile Time Trial

To be held on Saturday 20th May, 2017 starting at 15.00 hrs

On Course Q10/24 (Isle of Grain)

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Awards

Kindly donated by Commercial Procurement Consultancy Ltd

1 st Fastest	£30	Fastest Vet OAS	£20	1 st Woman	£30
2 nd Fastest	£25	2 nd Vet OAS	£10	2 nd Woman	£25
3 rd Fastest	£20	3 rd Vet OAS	£5	3 rd Woman	£20
4 th Fastest	£15			4 th Woman	£15

1st Fastest Junior £10

2nd Fastest Junior £5

Fastest team of 3 riders £10 each

Second fastest team of 3 £5 each

Fastest tandem £5 each

Fastest team 2 up ttt £10 each

Fastest Women's team 2 up ttt £10 each

Fastest time beating course record Men £50, Women £50

Men's course record: 20:43 Jonathan Parker

Women's course record: 23:23 Louise Mason

Medway Velo Club – Open 10 Mile Time Trial – Saturday 20th May 2017



www.strava.com/segments/7255704

Course Details Q10/24

Grain – Fenn Corner RAB – Grain

Start on A.228 west of Grain village 14 metres north of the lamppost GFY26 on the Strood bound carriageway, by a minor access road to the National Grid site where the continuous white road edge line starts. Proceed west on A228 to turn at Fenn Corner roundabout (5.07 miles). Retrace on A.228 to finish directly opposite the lamppost GFY19 (situated on the Strood bound carriageway) (10 miles).

Event Headquarters:

St James Isle of Grain Village Hall, Chapel Road, Grain, ME3 0BY will be open from 14.00 hrs.

Event Secretary

Rob Kennison
16 Pintail Drive
Iwade
ME9 8QW
07759319225
01795 438837

Timekeepers/Recorder

Start – David Mackey
Finish – Ernie Mackey/Paul Daniel
(All MVC)

Marshals; Mick Florey, Dave Gaylor, Neil Ord.

Tea bar, Medway Velo Club

Sign on; “Alan” Melia Chamberlain

Start holder Tom Kennison, “Sparkle” Stacey

Result board “Sparkle” Stacey

All Medway Velo Club

Medway Velo Club – Open 10 Mile Time Trial – Saturday 20th May 2017

Notes to riders:

- **Start:** It is approximately 1 mile from the HQ to the start – please allow enough time for this and be aware that other riders may be racing on the course. Please avoid warming up on the course once the race has started.
- **NOTE:** there is a raised manhole cover approx. 400 yards from the Stoke Bridge Crossing on the way to the turn. BE CAREFUL
- **NOTE:** there is a small manhole cover/pothole located on the last bend before the finish. BE CAREFUL.
- **Numbers** will be in the event headquarters hall and will be personally issued to each rider after they have signed on. Riders should refer to Regulation 16 - which states that **'the number should be centrally positioned below the waist so as to be clearly visible from the rear when in the normal riding position'**.
- Please remember to sign off when returning your race number
- Numbers may be exchanged for a drink on completion of the ride
- **Please** keep noise to a minimum to avoid unnecessary disturbance of local residents.
- **Please** remove racing shoes before entering the hall.
- **Do Not** perform U turns in the start and finishing areas and do not use these areas as a public toilet as offenders risk disqualification.
- **Rider Feedback Forms** - Riders should note that these forms are available at the hall by the signing on, and can be used by riders/marshals with comments and suggestions that could significantly improve safety.
- **All riders under the age of 18 years MUST wear recognised standard protective headgear.** In the interests of safety it is recommended that all riders should wear a hard shell helmet that meets an internationally accepted safety standard. Reference to inhalers is no longer required.
- It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use.

Thank you for entering our event, I hope you have a safe and speedy ride.

Rob Kennison
Event Secretary

Order of Start

Bib	Start Time	First name	Surname	Club	Gender	Category
-----	------------	------------	---------	------	--------	----------

Tandem Event

1	15:01:00	Murray	Spencer	CC Bexley	Male	Veteran
1	15:01:00	Angela	Spencer	CC Bexley	Female	Veteran

2 Up TTT Event

3	15:03:00	Richard	Stokoe	Medway Velo Club	Male	Veteran
4	15:03:00	Matty	Stokoe	Medway Velo Club	Male	Juvenile
5	15:05:00	Colin	Newton	PMR @ Toachim House	Male	Senior
6	15:05:00	Danny	Frost	Folkestone Velo Club	Male	Veteran
7	15:07:00	sally	Smith	Medway Velo Club	Female	Senior
8	15:07:00	Cassie	McGoldrick	Medway Velo Club	Female	Senior
9	15:09:00	Fraser	Blandford	Medway Velo Club	Male	Veteran
10	15:09:00	Harvey	Pope	Medway Velo Club	Male	Veteran

Solo Event

Medway Velo Club – Open 10 Mile Time Trial – Saturday 20th May 2017

18	15:18:00	Natasha	Jarman	Southborough & Dist. Whs	Female	Senior
19	15:19:00	Llowes	Frost	West Kent RC	Female	Veteran
20	15:20:00	Kelly	Wyld	4 T+ Velo Club	Male	Veteran
21	15:21:00	Stuart	Lynn	Dulwich Paragon CC	Male	Senior
22	15:22:00	Nigel	Perry	San Fairy Ann CC	Male	Veteran
23	15:23:00	Christopher	Fullerton	Wigmore CC	Male	Senior
24	15:24:00	Karl	Ford	Medway Velo Club	Male	Senior
25	15:25:00	Andrew	Buckley	Adalta Cycling Club	Male	Veteran
26	15:26:00	Grant	Cousins	BowlPhish Racing	Male	Senior
27	15:27:00	Katie	Crowe	Dulwich Paragon CC	Female	Veteran
28	15:28:00	Malcolm	Adams	De Laune CC	Male	Veteran
29	15:29:00	Karen	Florey	Medway Velo Club	Female	Veteran
30	15:30:00	Paul	Smith	VeloRefined.com Aerosmiths	Male	Veteran
31	15:31:00	Sam	Day	CS Grupetto	Male	Veteran
32	15:32:00	Nicola	Goodban	Thanet RC	Female	Veteran
33	15:33:00	Martin	Yardley	Southborough & Dist. Whs	Male	Veteran
34	15:34:00	Ewan	Muir	Wigmore CC	Male	Junior
35	15:35:00	Mark	Hill	VeloRefined.com Aerosmiths	Male	Veteran
36	15:36:00	Phil	Booth	Medway Velo Club	Male	Veteran
37	15:37:00	Garfield	Hall	GBCycles.co.uk	Male	Veteran
38	15:38:00	Anthony	Muir	Wigmore CC	Male	Veteran
39	15:39:00	David Joss	Buckley	Dulwich Paragon CC	Male	Veteran
40	15:40:00	Bill	Hawkes	Thanet RC	Male	Veteran
41	15:41:00	Tom	Morton	PMR @ Toachim House	Male	Veteran
42	15:42:00	Michael	Saadat	Southborough & Dist. Whs	Male	Veteran
43	15:43:00	Shaun	Robinson	Medway Velo Club	Male	Veteran
44	15:44:00	Simon	Charles	Thanet RC	Male	Veteran
45	15:45:00	John	Cockrill	Abellio - SFA Racing Team	Male	Senior
46	15:46:00	Allan	Ng	San Fairy Ann CC	Male	Veteran
47	15:47:00	Keith	Johnson	Medway Velo Club	Male	Veteran
48	15:48:00	Lee	Kingston	Medway Velo Club	Male	Veteran
49	15:49:00	Rachel	Lynn	Penge Cycle Club	Female	Senior
50	15:50:00	Gary	Record	West Kent RC	Male	Senior
51	15:51:00	Gary	Grayland	CC Bexley	Male	Veteran
52	15:52:00	Martin	Russell	Thanet RC	Male	Veteran
53	15:53:00	Lawrence	Martin	Thanet RC	Male	Veteran
54	15:54:00	Charmaine	Pullen	Adalta Cycling Club	Female	Veteran
55	15:55:00	Adrian	Lyons	GS Invicta	Male	Veteran
56	15:56:00	David	Barnes	Gravesend CC	Male	Veteran
57	15:57:00	Samuel	Crossley	Dulwich Paragon CC	Male	Senior
58	15:58:00	Steve	Harrington	Gravesend CC	Male	Senior
59	15:59:00	Tom	Knight	Medway Velo Club	Male	Senior
60	16:00:00	Neil	Lauder	PMR @ Toachim House	Male	Senior
61	16:01:00	Eva	Nyirenda	...a3crg	Female	Senior
62	16:02:00	Serge	Bouschet	Dulwich Paragon CC	Male	Veteran
63	16:03:00	Nick	Fretwell	Brixton Cycles Club	Male	Veteran
64	16:04:00	Gary	Ricks	Woolwich CC	Male	Veteran
65	16:05:00	Lee	Metson	Gemini BC	Male	Senior
66	16:06:00	David	Churchill	Bigfoot CC	Male	Veteran

Medway Velo Club – Open 10 Mile Time Trial – Saturday 20th May 2017

67	16:07:00	Gary	Pullen	Adalta Cycling Club	Male	Veteran
68	16:08:00	Martina	Ben-Shaul	Dulwich Paragon CC	Female	Veteran
69	16:09:00	Colin	Marshall	34 Nomads CC	Male	Veteran
70	16:10:00	Kevin	Tye	VeloRefined.com Aerosmiths	Male	Veteran
71	16:11:00	Steven	Smith	Medway Velo Club	Male	Veteran
72	16:12:00	Laurence	Toombs	West Kent RC	Male	Veteran
73	16:13:00	Paul	Kelk	Thanet RC	Male	Veteran
74	16:14:00	Colin	Record	West Kent RC	Male	Veteran
75	16:15:00	Rory	Hopcraft	MedwayTri	Male	Senior
76	16:16:00	Jeremy	Saynor	PMR @ Toachim House	Male	Veteran
77	16:17:00	Mark	Wright	VTTA (Kent)	Male	Veteran
78	16:18:00	George	Martin	Woolwich CC	Male	Junior
79	16:19:00	Stephanie	Waters	San Fairy Ann CC	Female	Senior
80	16:20:00	Ben	Wimpory	Harrogate Nova CC	Male	Senior