



East Sussex Cycling Association

2016 President – Robert Downham Worthing Excelsior CC

ESCA 50 mile TT – Sunday 19th June 2016 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship

Start Sheet

Event Secretary

Sam Dix (In-Gear Quickvit Trainsharp RT)
11 Woodlands Close, Uckfield, East Sussex TN22 1TS
Tel: 01825 760738 Mob: 07841 197342 Email: sdix@hotmail.com

Timekeepers

Mick Kilby (Lewes Wanderers CC) and **Mick Irons** (Worthing Excelsior CC)

General Information

Event HQ: East Hoathly Sports Pavilion, London Road East Hoathly, East Sussex BN8 6QE – Open from 5:00am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. The HQ is on the right, just before the village.

Car Parking: There is limited parking at the Sports Pavilion, when full please park sensibly in the road – pavilion side only.

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. After the event please return your race number to the HQ in exchange for a cup of tea or coffee.

Start: The start is less than a mile from the Sports Pavilion. Proceed out of the car park and turn right, and continue to South Street.

VTTA (Surrey & Sussex) Group 50 mile Championship

Awards: Only members of the VTTA (Surrey & Sussex) Group as shown on the order of start are eligible for these awards which will be presented at the group's annual prize presentation lunch.

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: The fastest rider from an ESCA affiliated club will be awarded the 50m Cup, and fastest Lady the Ladies 50m Cup. The fastest team of three riders from an ESCA affiliated club will also be awarded the 50m Team Cup at the annual prize presentation.

ESCA BAR: Qualifying event for the Senior, Veteran, Women and Women Veteran BAR competitions.

BBAR: Qualifying event for the British Best All Rounder competition.

Sussex SPOCO: Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

ESCA Open Event Awards

Fastest	
First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£12.00
Sixth	£10.00

Fastest Lady	
First	£15.00
Second	£10.00

Fastest Age Category not winning another individual prize	
Under 40	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3	
First	£10.00 ea
Second	£8.00 ea

VTTA Surrey/Sussex Awards

Highest Vet on Std	
Aldershot Cup and Gilt Medal for the highest Surrey/Sussex group member plus on standard	

Team of 3 on Std	
Gilt Medal each for Surrey/Sussex group team of 3 with highest aggregate plus on standard	

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Safety Instructions

- Competitors are requested **not to warm up on the course** after the first competitor has started.
- Details of any **additional hazards** not listed on the Start Sheet will be displayed or advertised at the signing on point. All competitors must take note of these details when they sign on.
- **PARENTAL CONSENT FORMS:** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- Official observers will be stationed around the course
- **COMPETITORS VEHICLES:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish. No U turns please.
- **CTT regulations require the compulsory use of helmets for under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.**
- **COMPETITORS MACHINES:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- No times will be given at the Finish.

Course Details

OS Ref	Course G50/90	Distance
TQ517156	START in South Street, East Hoathly, at red paint mark at drain 28 yards before T junction with A22 East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ511165	4th exit to retrace through Golden Cross and Whitesmith to The Shaw RBT	10.45m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT	16.22m
TQ462253	LEFT 1st exit and follow Maresfield by-pass via Batts Bridge RBT to Lampool RBT where TURN (Check)	18.03m
TQ471235	3rd exit to retrace to Black Down RBT. RIGHT 2nd exit and follow A22 via Copwood, Little Horsted, Golf Course and Halland RBTs to The Shaw RBT	25.63m
TQ572112	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	31.19m
TQ511165	4th exit to retrace on A22 to The Shaw RBT	36.74m
TQ459238	LEFT 1st exit and follow A22 via Halland, Golf Course, Little Horsted, Copwood and Black Down RBTs to Batts Bridge RBT where TURN (Check)	43.30m
TQ510165	4th exit to retrace on A22 to The Shaw RBT. Straight on 1st exit for 176 yards to FINISH at red paint mark on curb opposite power pole and two drains on south side of road	50.00m

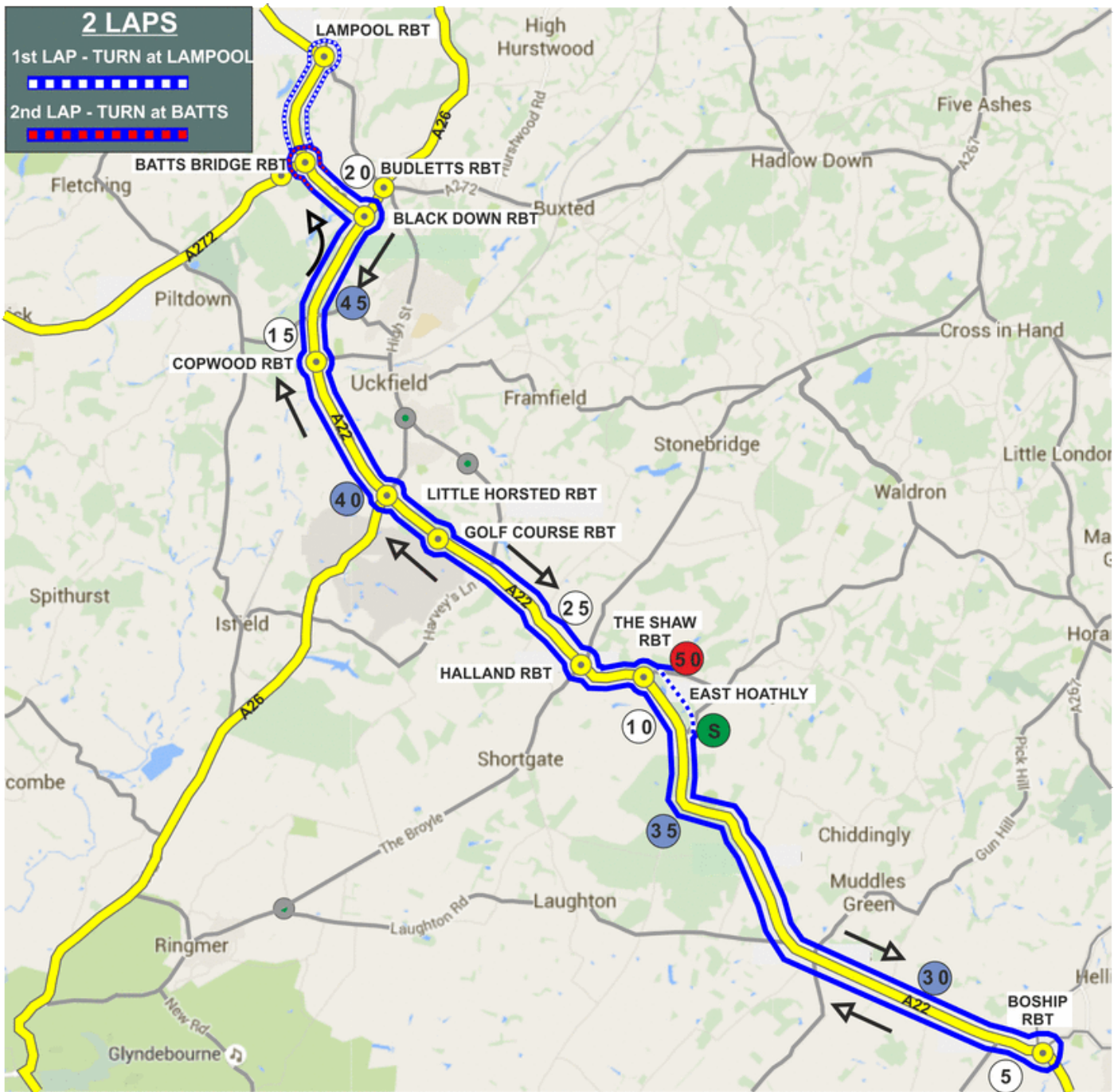
Additional Safety Instructions

Competitors must exercise extra care when turning **LEFT** just after start and negotiating all roundabouts.

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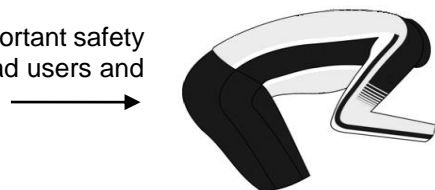
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Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship



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Incorporating VTТА (Surrey & Sussex) Group 50 mile Championship

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. Please pin your number here



Order of Start

Race No.	Start Time	Name	Club	Cat	Age	VTТА Std	VTТА (Surrey & Sussex)
4	06:04	Clare Parkholm	Lewes Wanderers CC	WV	45	02:28:51	N
5	06:05	Mark Emsley	Team ASL360	S	27	-	N
6	06:06	Samuel Ramsey	Lewes Wanderers CC	V	52	02:20:54	Y
7	06:07	Ruth Summerford	Velopace	WS	25	02:27:53	N
8	06:08	Kevin James	Crawley Wheelers	V	41	02:16:04	N
9	06:09	Jason Green	Sussex Nomads CC	V	44	02:17:26	N
10	06:10	Tom Glandfield	Lewes Wanderers CC	V	43	02:16:59	Y
11	06:11	Peter Moon	Eastbourne Rovers CC	V	55	02:22:19	Y
12	06:12	Colin Chambers	Crawley Wheelers	V	51	02:20:27	N
13	06:13	Martin Horscroft	Eastbourne Rovers CC	V	51	02:20:27	N
14	06:14	Sharon Chladek	Crawley Wheelers	WV	50	02:31:12	N
15	06:15	Robert Rollings	Lewes Wanderers CC	S	29	-	N
16	06:16	Carl Richardson	In-Gear Quickvit Trainsharp RT	V	51	02:20:27	Y
17	06:17	Glen Whittington	Southborough & Dist. Whs	S	32	-	N
18	06:18	Jon Fairclough	Woking Cycle Club	V	62	02:26:24	Y
19	06:19	Deborah Evers	Lewes Wanderers CC	WV	56	02:34:18	N
20	06:20	Jonathan Pontin	Addiscombe CC	S	25	-	N
21	06:21	Matt Coombs	Lewes Wanderers CC	V	45	02:17:52	Y
22	06:22	Julia Hawksworth	Southborough & Dist. Whs	WV	52	02:32:10	N
23	06:23	Chris Parker	Hastings & St. Leonards CC	V	60	02:25:05	N
24	06:24	Sam Winter	Eastbourne Rovers CC	S	29	-	N
25	06:25	David Pollard	In-Gear Quickvit Trainsharp RT	V	59	02:24:29	Y
26	06:26	Guy Lane	Southborough & Dist. Whs	V	51	02:20:27	N
27	06:27	Geoff Smith	Eastbourne Rovers CC	V	65	02:28:38	Y
28	06:28	Graham Bond	Mid Sussex Triathlon Club	V	52	02:20:54	N
29	06:29	Tom Norris	Hastings & St. Leonards CC	V	47	02:18:43	N
30	06:30	Matthew Woods	Eastbourne Rovers CC	V	45	02:17:52	Y
31	06:31	James Ryan	Team ASL360	S	39	-	N
32	06:32	Andrew Drake	East Grinstead CC	S	33	-	N
33	06:33	Bruce English	Eastbourne Rovers CC	V	51	02:20:27	N
34	06:34	Steve Alden	Mid Sussex Triathlon Club	V	54	02:21:49	N

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Race No.	Start Time	Name	Club	Cat	Age	VTТА Std	VTТА (Surrey & Sussex)
35	06:35	Michael Davey	Eastbourne Rovers CC	S	38	-	N
36	06:36	Rupert Robinson	Evans Cycles Race Team	V	44	02:17:26	N
37	06:37	Matthew Evans	Southborough & Dist. Whs	V	54	02:21:49	N
38	06:38	Matthew Whitaker	Paceline RT	V	49	02:19:34	Y
39	06:39	Jez Fallon	Mid Sussex Triathlon Club	V	51	02:20:27	N
40	06:40	Rob Pelham	Lewes Wanderers CC	S	39	-	N
41	06:41	Martin Williamson	London Dynamo	V	40	02:15:35	N
42	06:42	David Clements	Eastbourne Rovers CC	V	44	02:17:26	N
43	06:43	Pip Jenkins	Southborough & Dist. Whs	WS	28	-	N
44	06:44	Alys Mathew	Clapham Chasers	WS	37	-	N
45	06:45	Chris Wolton	Southborough & Dist. Whs	S	31	-	N
46	06:46	John Marinko	Brighton Mitre CC	V	51	02:20:27	Y
47	06:47	Damen Foord	Rye & District Wheelers CC	S	32	-	N
48	06:48	David Hodgson	Lewes Wanderers CC	V	53	02:21:21	N
49	06:49	Neil Glover	Sussex Nomads CC	V	53	02:21:21	N
50	06:50	Simon McNamara	South Downs Bikes / Casco Europe	V	41	02:16:04	N
51	06:51	Peter Baker	Lewes Wanderers CC	V	58	02:23:54	Y
52	06:52	Tom Houghton	Brighton Excelsior CC	V	44	02:17:26	N
53	06:53	Daniel Ellis	Eastbourne Rovers CC	S	35	-	N
54	06:54	Phil Couch	Mid Sussex Triathlon Club	V	47	02:18:43	N
55	06:55	Philip Murrell	Finsbury Park CC	V	47	02:18:43	N
56	06:56	Donald Parker	Brighton Mitre CC	V	67	02:30:22	Y
57	06:57	Matthew Dowle	Eastbourne Rovers CC	S	39	-	N
58	06:58	John Mankelow	Lewes Wanderers CC	V	68	02:31:18	N
59	06:59	Neil Gearing	Lewes Wanderers CC	V	40	02:15:35	N
60	07:00	Lawrence Wintergold	Hounslow & District Whs	V	51	02:20:27	N
61	07:01	Howard Shaw	Eastbourne Rovers CC	S	30	-	N
62	07:02	Ben Fielden	GS Stella	V	74	02:38:23	Y
63	07:03	Peter Owen	Norwood Paragon CC	V	55	02:22:19	N
64	07:04	Will Herbert	Lewes Wanderers CC	S	35	-	N
65	07:05	James Stone	Brighton Excelsior CC	V	47	02:18:43	N
66	07:06	Richard Chamberlain	Coventry Road Club	V	51	02:20:27	N
67	07:07	Tamar Vanderhaas	Lewes Wanderers CC	WV	40	02:26:20	N
68	07:08	Gary Burgess	Brighton Mitre CC	V	52	02:20:54	N
69	07:09	Gunter Eifler	Mid Sussex Triathlon Club	S	39	-	N
70	07:10	Nick Dwyer	Lewes Wanderers CC	V	52	02:20:54	Y
71	07:11	Steven Kane	Brighton Excelsior CC	S	27	-	N
72	07:12	George Marshall	Rapha Cycling Club	S	34	-	N
73	07:13	William Prout	ABC Centreville	V	60	02:25:05	N
74	07:14	Neil Giles	Mid Sussex Triathlon Club	V	42	02:16:32	N

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Race No.	Start Time	Name	Club	Cat	Age	VTTA Std	VTTA (Surrey & Sussex)
75	07:15	Mike O'Gorman	Worthing Excelsior CC	V	64	02:27:51	Y
76	07:16	Robert Drake	Addiscombe CC	S	29	-	N
77	07:17	David Clark	Eastbourne Rovers CC	V	47	02:18:43	N
78	07:18	Tom Benjamin	Lewes Wanderers CC	V	49	02:19:34	N
79	07:19	Colin Toppin	Brighton Excelsior CC	V	43	02:16:59	N
80	07:20	Pete Morris	Team ASL360	S	37	-	N

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