



East Sussex Cycling Association

2016 President – Robert Downham Worthing Excelsior CC



ESCA 2up Team TT – Sunday 3rd April 2016 – GS/839

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Timekeepers: David Watson Southborough & District Wheelers
Doug Finch Southborough & District Wheelers

Event Secretary: Martin Yardley (Southborough & District Wheelers)
10 Horizon Close, Southborough, Tunbridge Wells, Kent TN4 0AW
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Event HQ: Laughton Village Hall, Church Lane, Laughton BN8 6AH. Grid ref TQ501127

Prizes

Notes: In accordance with CTT reg 32 teams may consist of members of more than one club but such teams are not eligible for awards.

Average age team prizes are only available for teams not winning another award.

1st on actual (£25 each)	£ 50.00
2nd on actual (£20 each)	£ 40.00
3rd on actual (£15 each)	£ 30.00
4th on actual (£12.50 each)	£ 25.00
5th on actual (£10 each)	£ 20.00
1st Team with at least one female rider (£10 each)	£ 20.00
1st Team with at least one junior rider (£10 each)	£ 20.00
Group A – Ave age under 35 (£10 each)	£ 20.00
Group B – Ave age 35 and over but under 40 (£10 each)	£ 20.00
Group C – Ave age 40 and over but under 45 (£10 each)	£ 20.00
Group D – Ave age 45 and over but under 50 (£10 each)	£ 20.00
Group E – Ave age 50 and over but under 55 (£10 each)	£ 20.00
Group F – Ave age 55 and over (£10 each)	£ 20.00

Prizes will again be awarded immediately at the end of the event

Please stay to support the winners or receive your prize

Additional Awards and Qualifications

This is a qualifying event for:

- **ESCA Points Competition:** 30 points for each rider of the first team down to 2 points for each rider of the 15th team from an ESCA affiliated club (Composite teams and solo riders are not eligible for points). The individual points earned by each rider are totalled and awarded to their respective club
- **ESCA Trophies:** The fastest team from an ESCA affiliated club will be awarded the Two-up Team Time Trial Cup at the annual prize presentation.

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Course Details GS/839

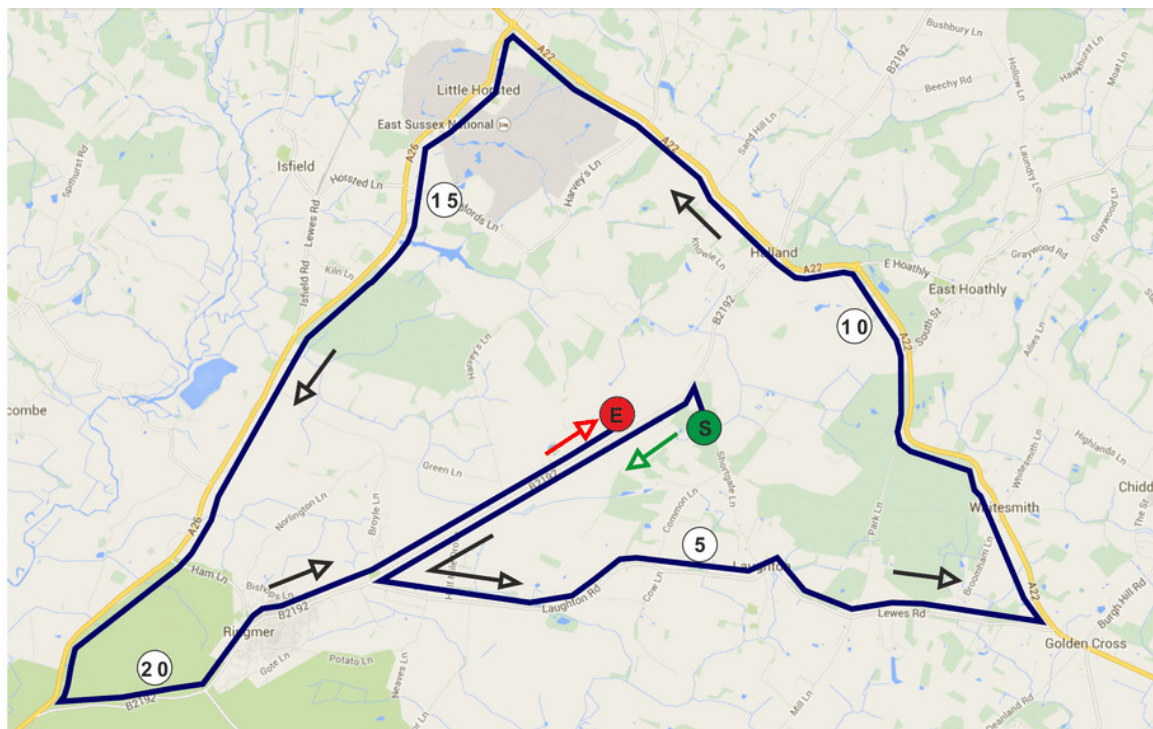
START at north end of metal field gate on the west side of Shortgate Lane, 78 yards south of T junction at Shortgate {GR TQ494151}. Proceed to T junction with B2192. Turn LEFT (CARE) and follow B2192 via The Broyle to Kennel Corner roundabout (M) (2.62miles) {TQ458129}.

Take 1st exit (SHARP LEFT 140 degrees - GREAT CARE) and follow B2124 via Laughton to the T junction with the A22 at Golden Cross (M) (7.50 miles).

Turn LEFT (GREAT CARE) and follow A22 via Whitesmith and East Hoathly by-pass to The Shaw roundabout (10.48 miles). Take first exit (LEFT) and continue on A22 via Halland and Golf Course roundabouts to Little Horsted roundabout (M)(13.42 miles) {TQ472190}.

Take first exit (LEFT) and follow the A26 via Rose Hill, Isfield, to Earwig Corner, Lewes (M) (19.31 miles) {TQ423114}.

Turn SHARP LEFT (GREAT CARE) and follow B2192 via The Forge mini roundabout to Kennel Corner roundabout, Ringmer (21.77miles) (M). Take first exit and follow B2192 via the Broyle to FINISH at centre point of double metal field gate opposite house named "Whitecroft" {TQ488148} (23.92 miles).



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Notes

1. Numbers will be at the hall please sign on before being given your number.
2. The hall will be open from 7am, **please be quiet and try not to disturb the local residents**, and please do not change in your car - use the hall.
3. **PARKING.** There is only limited space in front of the hall and some of it will be reserved for officials, further parking is available 100 yards south; please use it. Please **do not park on the pavement or in the lane where it blocks residents' access** and, and **do not obstruct the access to the gate to the cricket ground** beside the hall – **THIS INCLUDES BICYCLES**, please advise non-competitors of this.
4. Any bikes blocking the gate to the cricket ground, **MAY BE REMOVED WITHOUT FURTHER NOTICE**; as the cricket club may need access to the ground during the morning.
5. The start is 1.5 miles north of the hall, turn left out of the hall and straight across at the crossroads
6. All riders in a team are encouraged to wear clothing of a similar colour and design
7. Solo riders, as this is a 2 up team trial, no entries were permitted from solo riders, however if one of you is not able to ride on the day, the remaining rider can ride at the promoter's discretion, but will not be eligible for any awards

Safety Instructions

- Competitors are requested **not to warm up on the course** after the first competitor has started.
- Details of any **additional hazards** not listed on the Start Sheet will be displayed or advertised at the signing on point. All competitors must take note of these details when they sign on.
- **PARENTAL CONSENT FORMS:** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- Official observers will be stationed around the course
- Competitors must **exercise extra** care when joining the A22 at Golden Cross, when joining the B2192 at Earwig Corner and negotiating all roundabouts
- **COMPETITORS VEHICLES:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish. No U turns please.
- **In Ringmer** there is one set of **pedestrian crossing lights which must be obeyed.**
- **CTT regulations require the compulsory use of helmets for under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.**
- **COMPETITORS MACHINES:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- No times will be given at the Finish.
- Finally take care when passing your partner, and have a safe and enjoyable ride

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Order of Start

Start Time	Rider Number	Name	Club	Cat	Age	Age Group
8.04	3	Stuart Hodd	PB Cycle Coaching Racing Team		47	D
	4	Barny Willard	PB Cycle Coaching Racing Team		43	
8.06	5	Kevin Burton	Eastbourne Rovers CC		60	F
	6	Bruce English	Eastbourne Rovers CC		51	
8.08	7	Amy Rollings	Lewes Wanderers CC	W	31	B
	8	Lisa Davis	Lewes Wanderers CC		41	
8.10	9	Karina Bowie	Team Bottrill	M/W	44	D
	10	Paul Jackson	Team Bottrill		50	
8.12	11	Mark Jones	GS Stella		56	E
	12	Mark Bernhardt	GS Stella		53	
8.14	13	John-Paul Brophy	Eastbourne Rovers CC		41	B
	14	Peter Hooper	Eastbourne Rovers CC		31	
8.16	15	Samuel Ramsey	Lewes Wanderers CC		51	D
	16	Brett Davis	Lewes Wanderers CC		43	
8.18	17	Alex Smith	PB Cycle Coaching Racing Team		24	A
	18	Lee Smith	PB Cycle Coaching Racing Team		43	
8.20	19	David Triska	Farnborough & Camberley CC		34	A
	20	Matthew Charlton	Farnborough & Camberley CC		33	
8.22	21	Jack Churchill	Brighton Excelsior CC	M/J	15	A
	22	Steven Kane	Brighton Excelsior CC		27	
8.24	23	Glen Whittington	Southborough & Dist. Whs	M/W	32	A
	24	Philippa Jenkins	Southborough & Dist. Whs		28	
8.26	25	Robert Rollings	Lewes Wanderers CC		29	B
	26	Mark Frost	Lewes Wanderers CC		48	
8.28	27	Nathan Fletcher	Team ASL360		25	A
	28	John Powell	Team ASL360		37	
8.30	29	Michael Davey	Eastbourne Rovers CC		38	A
	30	Howard Shaw	Eastbourne Rovers CC		30	
8.32	31	Marc Townsend	Neon Velo	Comp	35	N/A
	32	George Welfare	Eastbourne Rovers CC		30	
8.34	33	Peter Moon	Eastbourne Rovers CC		55	D
	34	Mark Edwards	Eastbourne Rovers CC		41	
8.36	35	Mikey Weavers	East Grinstead CC		18	A
	36	Luke De Quay	East Grinstead CC		31	
8.38	37	Marc Johnson	Southborough & Dist. Whs	J	15	A
	38	Joe Caisley	Southborough & Dist. Whs		16	
8.40	39	Nick Dwyer	Lewes Wanderers CC		52	E
	40	Dominic Lowden	Lewes Wanderers CC		57	

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Start Time	Rider Number	Name	Club	Cat	Age	Age Group
8.42	41	Chris Hansen	PB Cycle Coaching Racing Team	Comp	45	N/A
	42	Andrew Ten-Broeke	7 Oaks Triathlon Club		36	
8.44	43	Ian Hodge	Southborough & Dist. Whs	M/W	56	E
	44	Julia Hawksworth	Southborough & Dist. Whs		52	
8.46	45	David Clements	Eastbourne Rovers CC		44	B
	46	Sam Winter	Eastbourne Rovers CC		29	
8.48	47	James Stuart	Norwood Paragon CC		41	C
	48	Marcus Brueton	Norwood Paragon CC		44	
8.50	49	Matthew Woods	Eastbourne Rovers CC		44	D
	50	Iain Brogden	Eastbourne Rovers CC		47	
8.52	51	Thomas Garner	Brighton Triathlon Club	Comp	36	N/A
	52	Jason le Goff	In Gear QuickVit Trainsharp RT		40	
8.54	53	Laura Bartlett	...a3crg	M/W	33	B
	54	Steve Williamson	...a3crg		44	
8.56	55	Ben Fielden	GS Stella		74	F
	56	Tony Reeves	GS Stella		44	
8.58	57	Stuart Davis	Eastbourne Rovers CC		45	B
	58	Bob Humphrey	Eastbourne Rovers CC		27	
9.00	59	Mark Emsley	Team ASL360		27	A
	60	Pete Morris	Team ASL360		37	