



East Sussex Cycling Association

2016 President Robert Downham – Worthing Excelsior CC



ESCA 15.06m Hardriders – Sunday 20th March 2016 – GS/895

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary **Peter Moon** (Eastbourne Rovers CC) 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Telephone: 01323 485180 Email: little.brook@btinternet.com Mobile: 07949 112107

Timekeepers **Main event** **Jane Lade** (Eastbourne Rovers CC) & **Graham Lade** (Eastbourne Rovers CC)
Hill Prime **Mick Kilby** (Lewes Wanderers CC) & **Richard Meed** (Lewes Wanderers CC)

Event HQ

Bodle Street Green Village Hall, The Causeway, Bodle Street Green, Herstmonceux, East Sussex BN27 4UB – Open from 8am. **Thank you in advance for not wearing cycling shoes or cleats in the hall.**

Car Parking

The village hall car park shares a common entrance with the car park for the White Horse Inn. **Please park only in the village hall spaces which are marked in white.** The White Horse parking spaces are marked in yellow and are not to be used under any circumstances. When the hall car park is full please park sensibly in the road – village hall side only.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.** After the event please return your number to the HQ in exchange for a cup of tea or coffee.

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Horses

Please be aware that this course includes rural lanes that are popular with horse riders. A startled horse can be unpredictable so as you approach please call from a distance to make riders and their horses aware of your presence. Please be prepared to slow down if necessary to pass safely.

Courtesy to Local Residents

Please show courtesy towards the churchgoers at the Church of St John the Evangelist just before the start, and at the Ebenezer Chapel before the finish.

Start

Proceed out of the car park and turn right. The start is located approximately 300 yards south of the village hall.

Prizes

Cash prizes will be awarded at the HQ immediately following the event.

Prize List

Fastest Overall

1st	£25.00
2nd	£20.00
3rd	£15.00
4th	£12.00
5th	£10.00

Fastest Lady

1st	£15.00
2nd	£10.00

Fastest Juvenile

1st	£10.00
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Fastest Age Category

not winning another prize
excluding team or prime

Under 35	£10.00
35 – 39	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

1st	£10.00 each
2nd	£8.00 each

Fastest Hill Prime

1st	£12.00
2nd	£10.00
3rd	£8.00

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Course Details

GS/895 Bodle Street Green / Windmill Hill / Ashburnham / Woods Corner / Three Cups Corner / Rushlake Green / Bodle Street Green – A271 / B2096.



Start at southern end of metal field gate on unclassified road 95 yards south of Toll Lane and Church of St. John the Baptist at Bodle Street Green and 27 yards south of derestriction sign (TQ6501142).

Proceed south to Windmill Hill, where fork left into Joe's Lane (M). Follow Joe's Lane to junction with A271 by Windmill Hill Garage where left (M) (CARE) on A271 through Boreham Street and downhill to turn left still on A271 (M) **3.49 m**

Continue on A271 uphill past Kitchenham Farm to next junction signposted Pons Green and Woods Corner (M). **4.58 m**

Left on unclassified road via the 'hill prime' Agony Hill and Pons Green to T-junction with B2096 at Woods Corner (M). **8.75 m**

Left on B2096 (CARE) down Carricks Hill, through Earls Down to Three Cups Corner (M). **10.79 m**

Left and proceed for 57 yards past phone box to junction with Middle Lane (M) (CARE). Bear left and follow Middle Lane through Turners Green to junction at Rushlake Green (M). **11.99 m**

Left and at corner of the green (M), continue straight on via Great Iwood and past Sandhills Farm and Tiles Farm to the finish at red arrow on drain 150 yards past Chilsham Lane (and Ebenezer Chapel) and 53 yards south of entrance to South Cottage (TQ650148) **15.06 m**

Competitors must exercise care when

- Joining the A271 at Windmill Hill
- Joining the B2096 at Woods Corner
- Joining Middle Lane (just after turning left at Three Cups Corner)

A map of the course can be viewed or downloaded from

Ride with GPS <http://ridewithgps.com/routes/4132034>

Garmin Connect <http://connect.garmin.com/course/5827552>

Hill Prime

This is on the unclassified road between the left turn from the A271 and Pons Green. It is approx 1 mile in length and includes Agony Hill – a well known spectator point in the original ESCA Hardriders event which started in 1947. The start of the hill prime will be indicated by a blue flag and finish by a white flag. This is what you've got to look forward to! →



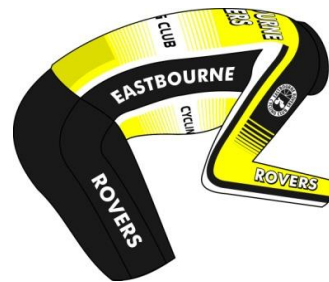
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Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.

Please pin your number here →



This is a qualifying event for

- **ESCA Points Competition** 30 points for 1st place down to 1 point for 30th place for first claim riders from ESCA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.
- **ESCA Trophies** The fastest rider from an ESCA affiliated club will be awarded the Page Tankard at the annual prize presentation.
- **Sussex SPOCO** 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA
Website www.eastsussexca.org.uk/
Facebook Group www.facebook.com/groups/EastSussexCA/

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Order of Start

Race No.	Start Time	Rider	Club	Cat	Age	Last Three Seasons
1	9:01	Robert Downham	Worthing Excelsior CC	V	47	-
2	9:02					
3	9:03					
4	9:04	John Cordner	Eastbourne Rovers CC	V	46	0:39:12 (2014)
5	9:05	Glen Whittington	Southborough & Dist. Whs	S	32	-
6	9:06	Peter Baker	Lewes Wanderers CC	V	57	0:45:14 (2014)
7	9:07	Simon Tyler	Hastings & St. Leonards CC	S	38	-
8	9:08	Simon Yates	Lewes Wanderers CC	V	63	1:00:10 (2015)
9	9:09	Leslie Jones	Eastbourne Rovers CC	V	63	0:54:42 (2015)
10	9:10	Matthew Charlton	Farnborough & Camberley CC	S	33	-
11	9:11	Damen Foord	Rye & District Wheelers CC	S	32	-
12	9:12	Steve Curtis	Hastings & St. Leonards CC	V	51	0:55:24 (2014)
13	9:13	Gary Marshall	Eastbourne Rovers CC	V	46	0:54:23 (2015)
14	9:14	Tim Miles	Hastings & St. Leonards CC	V	69	0:54:19 (2014)
15	9:15	Michael Turner	Lewes Wanderers CC	V	48	0:42:07 (2014)
16	9:16	Peter Owen	Norwood Paragon CC	V	55	-
17	9:17	William Roddick	Eastbourne Rovers CC	V	48	0:54:02 (2015)
18	9:18	Chris Parker	Hastings & St. Leonards CC	V	60	0:53:32 (2014)
19	9:19	Trevor Goswell	Eastbourne Rovers CC	V	60	0:52:41 (2013)
20	9:20	Marc Townsend	Neon Velo	S	35	0:39:36 (2013)
21	9:21	Bob Humphrey	Eastbourne Rovers CC	S	27	-
22	9:22	Greg Blackwell	Hastings & St. Leonards CC	V	67	0:51:55 (2014)
23	9:23	John Mankelow	Lewes Wanderers CC	V	67	0:50:01 (2014)
24	9:24	Tom Norris	Hastings & St. Leonards CC	V	47	0:47:55 (2014)
25	9:25	Jimmy Woodward	Sussex Revolution VC	S	35	-
26	9:26	Trevor Deeble	VC Liberte	S	30	0:44:59 (2013)
27	9:27	David Beale	Lewes Wanderers CC	V	70	0:49:49 (2013)
28	9:28	Elliot Brown	Eastbourne Rovers CC	S	19	0:49:05 (2014)
29	9:29	David Earl	Hastings & St. Leonards CC	V	48	0:49:25 (2014)
30	9:30	Matthew Woods	Eastbourne Rovers CC	V	44	0:38:57 (2013)
31	9:31	Andy Tester	Hastings & St. Leonards CC	S	29	-
32	9:32	Duncan Pain	Hastings & St. Leonards CC	V	55	-
33	9:33	Alison Brockhurst	Lewes Wanderers CC	WV	43	0:55:24 (2015)
34	9:34	Lisa Davis	Lewes Wanderers CC	WV	43	0:54:38 (2015)
35	9:35	Howard Shaw	Eastbourne Rovers CC	S	30	0:42:00 (2015)
36	9:36	Aidan McConville	Lewes Wanderers CC	S	37	-
37	9:37	Olivia Webb	Velopace	WV	47	-
38	9:38	Gina McGeever	Lewes Wanderers CC	WV	44	-
39	9:39	Tamar Vanderhaas	Lewes Wanderers CC	WV	40	0:45:48 (2014)
40	9:40	Tom Glandfield	Lewes Wanderers CC	V	42	0:38:35 (2014)
41	9:41	Michael Davey	Eastbourne Rovers CC	S	38	0:43:33 (2014)
42	9:42	Finlay Pritchard-Brady	Hastings & St. Leonards CC	Jv	14	0:57:58 (2015)
43	9:43	Theo Tadros	In-Gear Quickvit Trainsharp RT	Jv	14	-
44	9:44	Fabien Large	Hastings & St. Leonards CC	Jv	14	0:57:43 (2015)

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45	9:45	Rupert Robinson	Evans Cycles Race Team	V	44	-
46	9:46	David Clark	Eastbourne Rovers CC	V	47	-
47	9:47	Brett Davis	Lewes Wanderers CC	V	41	0:48:22 (2015)
48	9:48	Simon Grogan	Hastings & St. Leonards CC	V	60	0:48:03 (2014)
49	9:49	Clint Allen	Lewes Wanderers CC	V	54	0:48:15 (2015)
50	9:50	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	53	0:38:23 (2013)
51	9:51	Stuart Davis	Eastbourne Rovers CC	V	45	0:43:22 (2013)
52	9:52	Stephen Gaston	Lewes Wanderers CC	V	51	0:48:17 (2014)
53	9:53	Kevin Burton	Eastbourne Rovers CC	V	60	0:48:00 (2015)
54	9:54	Neil Smith	Hastings & St. Leonards CC	V	52	-
55	9:55	John-Paul Brophy	Eastbourne Rovers CC	V	40	0:41:53 (2014)
56	9:56	Ivan Johnson	Hastings & St. Leonards CC	V	51	0:44:26 (2015)
57	9:57	Paget Cohen	Lewes Wanderers CC	V	43	0:47:52 (2015)
58	9:58	Sam Winter	Eastbourne Rovers CC	S	29	0:47:46 (2014)
59	9:59	Martin Yardley	Southborough & Dist. Whs	V	50	0:51:10 (2015)
60	10:00	Iain Brogden	Eastbourne Rovers CC	V	46	0:38:09 (2013)
61	10:01	Geoff Smith	Eastbourne Rovers CC	V	65	0:42:38 (2013)
62	10:02	Jonathan Molton	Hastings & St. Leonards CC	V	48	-
63	10:03	Daniel Ellis	Eastbourne Rovers CC	S	35	-
64	10:04	Patrick Piper	Hastings & St. Leonards CC	V	47	-
65	10:05	Stuart Hodd	PB Cycle Coaching Racing Team	V	47	0:41:28 (2014)
66	10:06	Dominic Lowden	Lewes Wanderers CC	V	57	0:44:23 (2015)
67	10:07	James Faulkner	Eastbourne Rovers CC	V	44	-
68	10:08	Sean Quinney	Lewes Wanderers CC	V	47	-
69	10:09	Kim Richmond	Hastings & St. Leonards CC	V	44	-
70	10:10	Pete Morris	Team ASL360	S	37	0:36:18 (2014)
71	10:11	Sam Dix	In-Gear Quickvit Trainsharp RT	S	32	0:42:25 (2013)
72	10:12	Richard Frost	Lewes Wanderers CC	V	45	0:46:09 (2014)
73	10:13	Paul Butler	Hastings & St. Leonards CC	V	43	-
74	10:14	Mark Edwards	Eastbourne Rovers CC	V	41	-
75	10:15	Lawrence Wintergold	Hounslow & District Whs	V	51	-
76	10:16	Phil Booth	Medway Velo Club	V	43	-
77	10:17	Dan Street	Lewes Wanderers CC	V	42	-
78	10:18	David Clements	Eastbourne Rovers CC	V	44	0:47:38 (2015)
79	10:19	Andrew Lancaster	Hastings & St. Leonards CC	V	40	-
80	10:20	Peter Tadros	In-Gear Quickvit Trainsharp RT	V	45	0:35:40 (2013)

Field Placement

Using either the last three season's results from this event, or estimates based on information available, riders have been seeded in the following order: 0s, 5s, 1s and 6s. With the necessary adjustments for early starts and travelling arrangements, the remainder of the field is generally set to prevent too much fragmentation over a sporting course.